

# Examples of High Quality, Evidence-Based Phonics Programs and Resources

Reading and spelling are reversible processes and need to be explicitly taught together through the use of a structured and systematic phonics program. There are a number of programs available for use by tutors, teachers and parents that cater for the literacy needs of individuals from pre-school through to adulthood.

## Some examples of structured and systematic evidence-based programs for use by trained teachers, tutors, or parents who have undergone training courses appear below:

#### (DSF provides training in many of these programs)

- **Sounds-Write** an evidence-based linguistic phonics program utilising a highly successful approach to the teaching of reading, spelling, and writing. It is aimed primarily at children in Pre-primary to Year 3, as a whole-school approach to teaching literacy and as an intervention program for middle to upper primary students and secondary students. It is also an excellent phonics program for adults.
- Phonics Books UK (including the Dandelion, Totem, Magic Belt, Alba, Rescue, Talisman and Moon Dog series and Talisman Readers) – decodable readers which follow the Sounds-Write teaching sequence and are accompanied by a range of carefully developed student workbooks. Highly recommended for use with any structured synthetic phonics program or as a stand-alone program (available at both the DSF Library and in the DSF bookstore).
- MultiLit Reading Tutor Program, MacqLit, Word Attack Skills Extension Program, MiniLit Early Intervention Program, PreLit Early Literacy Preparation and InitiaLit-Foundation – very structured and explicit remedial programs developed by Macquarie University, which aim to address the needs of children with reading difficulties. The programs range in use from pre-school children prior to school entry (InitiaLit and PreLit), Foundation to struggling Year 2 students (MiniLit) and from Year 2 students to adults (MultiLit RTP, MacqLit and Word Attack).
- Letters and Sounds designed as a whole-school approach to teaching literacy for students from Foundation to Year 3, but can be used effectively with any age group as a program for small group or one-to-one remediation. This program is supported by a range of free online resources and commercially available games.
- PLD Literacy and Learning designed as a whole-school approach from Kindergarten or Foundation to Year 3, but can be implemented within individual classrooms and for small group intervention.
- No Nonsense Phonics Skills this program provides a logical step-by-step approach to teaching reading, spelling, handwriting and language comprehension. It guides the student and the teacher through a series of carefully designed systematic phonics routines to assist students with the development of strong literacy skills.
- **Little Learners Love Literacy** a systematic early literacy program which focuses on explicitly teaching phonemic awareness and phoneme-grapheme relationships. A range of supporting resources is available, based around the character of Milo, including decodable readers, games, activities and iPad apps.
- **Jolly Phonics and Jolly Grammar** a multi-sensory synthetic phonics program, which includes activities and games for reading and spelling in addition to the main teaching content. It is aimed at children from Kindergarten to Year 3, and covers 42 letter sounds, common and alternative spelling patterns and grammatical concepts.

- Alpha to Omega a structured phonics-based course, with detailed lesson plans and printable worksheets and resources for each stage. Alpha to Omega are the basis of the WordShark computer program, and both can be used as part of a comprehensive remedial approach.
- WordShark focuses on the development of both reading and spelling skills using games involving phonics, onset and rime, homophones, spelling rules, common letter patterns, visual and auditory patterns and other aspects of literacy. It includes a course suitable for secondary school students, a sequence that follows *Letters* and *Sounds*, high frequency words, an alphabet and dictionary skills course, and a range of everyday vocabulary lists (useful for EAL). It is suitable for home and school use.
- Reading Freedom a systematic phonics-based approach to the teaching of reading and spelling, which aims to equip students with effective literacy skills. It is especially useful for students with reading difficulties, and is intended for use in the middle primary through to lower secondary years.
- Read, Write Inc. Fresh Start a synthetic phonics 'catch-up' program aimed at students in Years 5, 6 and 7. As well as modules specifically targeting phonics knowledge, the program includes applied reading activities, comprehension questions, grammar and writing activities.
- Reading Mastery a complete basal reading program that uses the Direct Instruction method to help children (or older students) master essential decoding and comprehension skills. Each 30-45 minute lesson incudes seven to nine short activities focusing on a range of skills including phonemic awareness, letter-sound correspondence, word recognition, vocabulary, fluency and comprehension.
- Spelling Mastery is a six-level Direct Instructions program that teaches students dependable spelling skills utilising phonemic awareness, word recognition and morphemic awareness.
- Corrective Reading a direct instruction remedial reading series that provides explicit, step-by-step lessons focused on teaching decoding and comprehension skills.
- The Writing Road to Reading a comprehensive language program which covers phonemic awareness, systematic phonics, high-frequency vocabulary, word meanings and usage, word parts, grammar, composition, literacy appreciation, text structure, fluency, listening and reading comprehension.

### Resources to support the teaching of phonics

- Reading Doctor Apps for teaching kids to read and spell this series of interactive and effective Android, Mac and Windows-based apps teach children the essential skills of blending and segmenting, single letter sounds, letter-sound patterns and sight word recognition.
- Phonics Handbook (Tom Nicholson) this book takes a phonological approach and is set out in the form of lesson plans designed to be used instantly, requiring no preparation. The lesson plans include every phonics skill from basic alphabet sounds to blends, digraphs, and syllable division, as well as diagnostic assessments of phonemic awareness, decoding skills, invented spelling, and writing.
- The Complete Phonic Handbook (Diana Hope) this book contains colour-coded phonic word lists organised according to level of complexity and also includes activity suggestions. It is a useful guide for tutors to work through systematically with students.
- Sound Check 1 and Sound Check 2 these resource books contain activities to practise the blending of sounds to form words. There are phonemic awareness warm-ups and worksheets which encourage the application of letter-sound knowledge.

- Nessy Learning Program this multi-sensory computer program begins with the earliest alphabet sounds and goes to an advanced level (16+). Each lesson follows a structured, phonic approach supported by hundreds of printable card games, activity sheets, mnemonics, reading and spelling assessments, storybooks and animated computer games to reinforce the rules and strategies for each teaching point.
- **Spelfabet materials (Alison Clarke)** the Spelfabet website (www.spelfabet.com.au) contains a range of downloadable spelling resources which are consistent with explicit, systematic synthetic phonics teaching.
- Phonics Activity Pack (DSF) this is an ideal resource for phonics-based intervention at any level. It includes a small magnetic whiteboard with a full set of 78 magnetic alphabet letters, digraphs, trigraphs, and vowel teams. Use the letter tiles to assist with a phonemic approach to spelling and to encourage the blending of sounds and segmenting of words. It also encourages reluctant writers to have a go at spelling.
- trugs (Teach Reading Using Games) these phonic reading card games provide enjoyable opportunities to practise reading accurately and fluently.
- SPELD SA Phonic Books these decodable readers are free to download from the SPELD SA website (www.speld-sa.org.au/phonic-books.html). The books are grouped in order of complexity and are based on the sequence of sounds introduced in the Jolly Phonics program. There are currently 201 books and 151 worksheets to accompany these books.

## Parent-friendly resources that do not require specialist training

These resources can be useful as a supplement to a well-delivered phonics program; however, it should be noted that they are not all stand-alone programs that will teach children how to read and spell - particularly if they are having difficulty acquiring these skills.

- **Beat Dyslexia** a step-by-step multi-sensory literacy program for children with dyslexia, beginning with single letter-sound links and continuing through to blends, digraphs, short and long vowels, and complex spelling patterns. Each Beat Dyslexia book contains photocopiable activities, reading and spelling cards, teacher's notes and an audio CD.
- Toe by Toe: A Highly Structured Reading Manual for Teachers & Parents a highly scripted, easy to follow program that teaches students phoneme-grapheme relationships in a sequential structured manner. The program teaches students to read polysyllabic words, uses repetition and nonsense words decoding throughout the program through syllable division.
- Teach Your Child to Read in 100 Easy Lessons in 20 minutes a day, this step-by-step program introduces children to the reading process. Allows parents to work on a one-on-one basis with children in need of structured assistance.

Please note that this list is not exhaustive. Page 27 of the Understanding Learning Difficulties booklet provides criteria for evaluating whether a program is likely to be successful and this information can be used to assist in choosing a high quality, evidence-based phonics program.